



LEADING SELF & UNLEASHING COLLECTIVE BRILLIANCE

From Self-Awareness to Team Results

Keynote | Lecture | Workshop Topic

Demands on leaders and teams have reached unparalleled levels. From navigating the breakneck pace of technological advancements to adapting to ever-changing work formats, issues from burnout and mental health issues are rampant.

Traditional leadership approaches are no longer sufficient to deal with modern complexities, leaving organizations vulnerable to the negative impact of disengaged people and disconnected teams.

This transformative lecture offers a beacon of hope, empowering leaders to unlock the full potential of themselves and their teams through the power of self-awareness and next-level mind skills.

In this enlightening keynote, Linda Bjork utilizes mind-training to unlock your team's untapped potential for individual excellence and collective brilliance.

Let consciousness expert and renowned mind-trainer Linda Bjork give your teams insights into:

- *Identifying and overcoming automated brain functions that sabotage peak performance.*
- *Shifting the mindset from hindering collaboration to fostering co-creative outcomes.*
- *Mastering essential mind skills for optimal focus and energy management.*
- *Staying resilient, adaptable, and effective amidst rapid change and complexity.*

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Audiences Leave With:

- ☑ Enhanced self-awareness, knowing how to bring out the best in themselves and others.
- ☑ Equipped to identify common attitudes and behaviors that block progress, and take action for positive change.
- ☑ A roadmap to agile focus skills and a forward-thinking mindset, crucial in the era of AI-driven advancements.
- ☑ Concrete techniques to navigate stress and overwhelm, even amidst external pressures and internal obstacles.
- ☑ Advanced skill sets for fostering team synergy, transforming toxic dynamics into collaborative flow and turning conflicts into opportunities for growth.

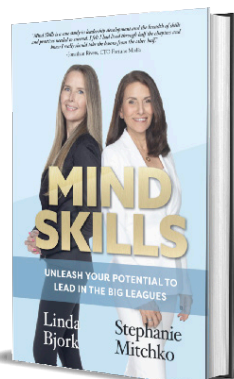
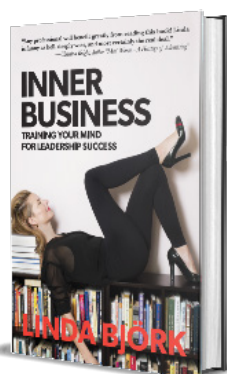
Within the relentlessly shifting reality of business, the demand for self-awareness and self-mastery has reached new levels. Leaders, managers, and team members must harness both mind and heart skills to thrive in this era of complexity and speed.

Why are empathy, kindness and mindful action suddenly crucial for driving bottom-line results? How does personal development directly impact business success, leadership effectiveness, and team management?

Regardless of leadership level, this captivating lecture sends attendees on a journey to unlock their own true potential and to lead collective brilliance.



LEADING SELF & UNLEASHING COLLECTIVE BRILLIANCE is available as a conference keynote, company lecture series with QnA, or panel participation. Suitable for any industry, especially those relying on leaders and teams to deliver results.



Linda Bjork, author of the influential leadership book "INNER BUSINESS" (2016), has further solidified her mind training expertise by co-authoring "MIND SKILLS" (2023) with Stephanie Mitchko, former CTO of Charter Communications, a Fortune 100 company.

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